

RISNJAK Trail 2017 / Race schedule

FRIDAY, July 7th 2017 / Crni Lug, Risnjak National Park

19.00h - 21.00h: distribution of bibs & race packages

SATURDAY, July 8th 2017 / Crni Lug, Risnjak National Park

07.00h – 09.40h: distribution of bibs & race packages

09.50h: race briefing

10.00h: race start / ALL RACES

11.30h: first finishers arrivals - 16km race

13.00h: first finishers arrivals - 30km race

13.00h - 18.30h: lunch

15.00h: cut-off time - 16km race

16.30h: prize giving ceremony / ALL RACES

18.00h: cut-off time - 30km race, race finish

Highly recommended equipment

A list of highly recommended equipment which is good to have with you during the race, for your own safety, the safety of other competitors as well as race organizer:

- Race bib (race bib is **MANDATORY**, *provided by organizer*)
- Mobile phone (switched on and loaded)
- First aid kit: Elastic bandage, bandage, gauze pads, plasters
- Bottle/camelbak with a minimum of 0.5L of water
- Whistle

Trail markers

The entire trail is marked with RED-WHITE ribbons and white/red tables labeled with TRAIL on the essential crossings. The trail entirely follows the marked hiking trails marked with classic croatian mountain, red and white, markings.

Start & Finish

The start and finish of the race is place Crni Lug, Risnjak National Park. The first 200m is also the last 200m of the race (this part of the race course you will run in both directions).

Parking

Parkings are marked on the map. Please respect the persons who will regulate the parking. Crni Lug is a small place, so don't park it as cowboys. BUS parking is located across the forestry building. (Don't go any further, you'll make a big crowd).

Race bibs

It's mandatory to wear race bibs on the front part of the body (upper part)!

Lunch

Lunch is served from 13.00h - 18.30h in the NP Risnjak restaurant (see the map). Don't forget your lunch vouchers :)

Prize giving ceremony

The ceremony begins at 16.30.

Awards and prizes for the fastest 3 runners / all races (separate men and women).

Medals for the fastest 3 runners in age categories / all races (separate men and women):

- MS / WS (up to 35 years)
- M35 / W35 (35-50 years)
- M50 / W50 (50+ years)

Race results will be printed and posted on the KVARNER TRAILS info boards. You can also follow/see results online at: **www.stotinka.hr**

Shop

After the race you will have the opportunity to buy some Salomon products as well as T-shirts and buffs from Kvarner Trails races. At affordable prices, of course :)

See you soon :)